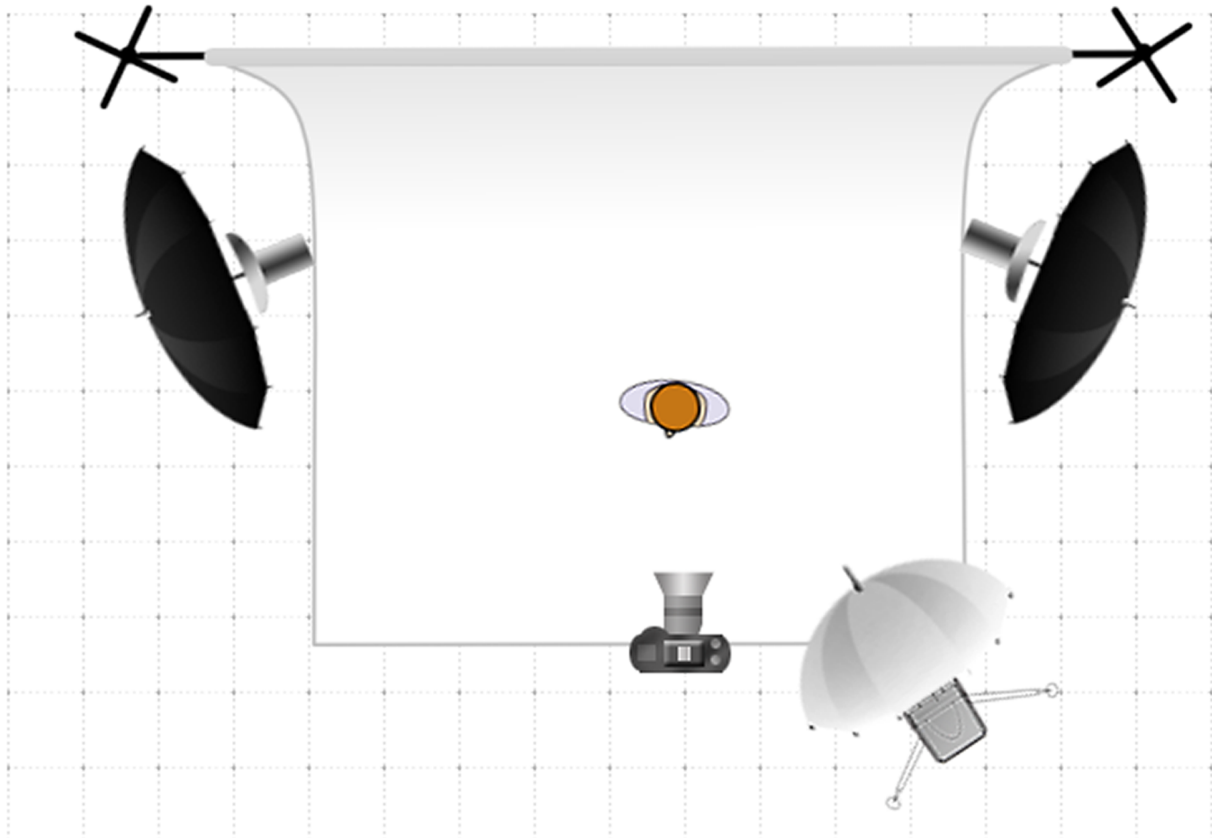


## Three Light Seamless White Lighting Diagram

The key to a seamless white background is putting enough light on the background. In the three light setup, you have the freedom to place the subject pretty much wherever you'd like because the background lighting is separate from the subject lighting.



### Notes:

- It's not required to use umbrella soft boxes for the background. Regular shoot through umbrellas will work, as will bare flashes.
- In this setup, the back lights are at full power (1/1) at a height of about 4 feet (roughly midway up the backdrop). The front/subject light is at 1/2 power at a height of about 7 feet, pointing slightly down towards the subject.. These power levels can be modified to suit your needs.
- The position of the front light (and the subject lighting in general) can be changed in any way to fit the needs of the shot. Regardless of your subject lighting, the background will still be seamless white.